



November 2017
Wanted Poster

Hi,
Welcome to the chilly November news.
OK, we can now say it, Christmas is just around the corner !Don't panic! there are lots of shopping days left. It has been a strange October not dancing in Hoddesdon but enough of that for the time being. What is very strange is that we approach the festive season without a scheduled Christmas dance. We know the reason for this but it is unavoidable as well as a bit sad not having a Christmas dance. As a result both of us think that we will make each last class before Christmas a party theme. We have got to have a bit of a cracker to celebrate, haven't we!. The *Spotlight last class before Christmas is 1st Dec. (No class 8th)but we hope to be able to have a 'Christmas' 'mini' dance on Friday 15th December. This will not be at the Spotlight, will be arranged privately by us, and numbers will be limited. We will be able to give you more details closer to the date and, will be taking names of those that want to come. In the meantime make a note of the date and watch out for those all important details..
Friday Morning Up-Date

As already said, it has been very strange not travelling to Hoddesdon twice a week for class. I have missed all of you and the fun we have on Wednesday and Friday mornings. But before I drone on.....

**A few words from
Teresa & Vera.**

'We want to thank you for all your support. We know it's always hard to go from your regular instructor to someone else, particularly when you've not been used to anyone else. This especially applies to the beginners and we aim to do our best to keep them, indeed everyone happy whilst the "management" are away ' The 'management' want to record our thanks to Teresa and Vera who have kindly stepped in to cover for us. I know I spoke about this in the previous newsletter but it is worth repeating. It is a tough ask of anyone when they don't know our dances, don't know the pace at which we teach, don't know our methods of teaching, and in particular, don't know the ability of the class. When you add to this a nightmare journey of up to two hours to get to the Spotlight for a 9am start you can see the effort involved. Enjoy the girls company, support their efforts and we'll be back to create havoc before you know it! Make a note in your diary that the ladies will be providing cover until **Friday the 1st December,(The last class) BUT...** As you already have been told, they will not be available on **Friday 3rd Nov, This class will be cancelled.** To me this sounds like the perfect morning to do some Christmas shopping followed by the perfect time to 'Do lunch' ! Whatever mischief you get up to, enjoy!

PTO

Dancing Heartache.

I suppose it isn't strange that when you are loafing around doing nothing that your mind will wander.(Welcome to Mick's world)

During one of these spells of 'inactivity' I considered the scenario that we have all crossed as 'old' line dancers.

What I am talking about is when music is played to a dance we have 'done to death' or music we just don't particularly like to dance to, what do we do?

Do we dance or do we sit out? Do we take the opportunity to rest and maybe have a chat to one of our friends? Or do we take a deep breath, throw ourselves onto the dance floor and enjoy the dance as best we can?

It occurred to me during a wandering mind moment that there may come a time of regret for us if we don't do 'that' dance. Maybe a time when we are much older, maybe a time when we are less able to walk, let alone dance, when we hear that music.

I suspect that, on hearing that music, our heart will ache to be able to take to the dance floor.

Food for thought.....

Progress Report

I suppose that I should give you an up-date on my progress.

At the time of going to press I will have had about three weeks of radiotherapy and all is progressing as planned.

I continue to take part in Monday and Wednesday evening classes although Lavinia's Tuesday morning classes are a bit hit and miss.(This is only because of time constraints)

So far my 'appointments' have been mostly in the afternoon and mean the afternoon is pretty much lost in travel and treatment.

This has been a little difficult if I am trying to learn new dances. By the time I arrive home about 5pm I don't very much feel like putting on my learning cap! I am hopeful

that I will get into a better routine in the coming weeks as I can't do the Electric Slide forever!!!!

Sitting around the hospital waiting room is soooo boring although there is a lot of camaraderie amongst those of us guys in the same predicament.

We are all asked to stick to a diet and after two weeks of indulgence I discovered that I shouldn't be drinking tea ! Yes tea ! Do you know how difficult it is NOT to have a cuppa first thing in the morning? I was told off by nurse Andrea although she did relent and say 'If you are a good boy' (Me! I'm always good!) 'then you can have one cup on Friday evening'! I always looked forward to beer and wine on a Friday, now it's a cup of PG Tips!

Another exciting thing happened on Friday 13th October when travelling to the hospital. The rear sub frame of my car broke as I was driving through Whetstone. Basically this meant that one of my rear wheels started to 'Wobble' and was at risk of breaking off! Told you it was exciting didn't I. Anyway, my mechanic did say he thought I was a lucky chap that it went at 30mph and not when I was doing 70mph on a motorway as it could easily have killed me. Anyway I can confirm that I did feel lucky, right up until he told me the cost of the repair!

I am pretty sure there is not a lot more to tell you. We soldier on and all being well I will finish treatment on the 28th November. This is slightly earlier than expected because they started two days earlier than planned.

After this it's a few tests and a trip to see the consultant to get the result. Fingers crossed.

**Happy Stomping
Dance Like No One Is Watching
Lavinia & Mick**

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PS: Apart from the *Spotlight, all other classes will finish the week ending 15th December.